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| Mental Health Bulletin 91 |
| Prevention and Recovery Care (PARC) Services |
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This Bulletin includes information regarding YPARC and supersedes MH Bulletin 60.

## Background

PARC services are sub-acute, short term supported residential services with a recovery focus for people experiencing a mental health problem, but who do not need (or no longer require) a hospital admission. PARC services treat people experiencing a severe and acute mental health episode, providing a mix of clinical and psychosocial support.

They aim to avoid acute inpatient admissions or allow a person to be discharged sooner from an inpatient unit by providing clinical treatment and short-term residential support. PARC services provide a step up from a person’s home or a step down from an acute inpatient unit.

Youth PARC services (YPARC) provide treatment, care and support to young people aged 16-25 years who are experiencing mental health challenges and/or psychological distress.

## CMI/ODS data reporting

### Subcentre Maintenance

PARC Services are inpatient settings where consumers are admitted and discharged. PARC day programs should be treated as admitted episodes with consumers placed on leave and returned from leave each day until discharge.

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| Subcentre Name | Subcentre Type | Ward Type | OM Setting | Caseload |
| \*Should contain ‘PARC’ or ‘YPARC’ as part of the name  | Inpatient | Residential | Adult Inpatient (18-25)CAMHS/CYMHS Inpatient (16-17) | Not required |

\*It is recommended that PARC is used for adult PARC services and YPARC for youth.

### Program Maintenance

To ensure consistent and accurate recording of data, it is recommended that services create and use the following program setup:

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| Program Description | Program Classification | Program Type | Target Population | Fund Source |
| Should contain ‘PARC’ or ‘YPARC’ as part of the description | Non-acute, general | E42 PARC, AdultE41 PARC, CAMHS/CYMHS | Community, PARC | 15057 Prevention & Recovery Care - PARC |

Outcome measures are assigned at the subcentre level and are based on age groups according to the National Outcomes & Casemix Collection (NOCC) protocol. As the youth cohort cross two age streams according to NOCC, it is preferable for the subcentre to be split by age groups of 16-17 years (CAMHS inpatient measures and 18-25 years (adult measures). It is important the subcentre and OM settings are aligned for CMI/ODS to automatically generate the correct age specific outcome measures.

### For More Information

# Further information about the correct use of CMI/ODS can be found on the Victorian Government’s website. In particular, see the sections on; Registration of Clients, CMI/ODS Service Contacts and Subcentre/Program Maintenance. <https://www.health.vic.gov.au/research-and-reporting/bulletins-and-program-management-circulars-pmc>

# For any queries relating to data reporting or program setup please email: MHDReporting@dhhs.vic.gov.au

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