

|  |
| --- |
| Social Inclusion Action Groups |
| Fact sheet |
|  |

# Background

The Royal Commission into Victoria’s Mental Health System (Royal Commission) recognised that communities are best placed to support social inclusion and connection.

The Royal Commission recommended the establishment and funding of community collectives in each of the state’s 79 Local Government Areas (LGA). Recommendations 15.1, 15.2 and 15.3 of the Royal Commission refer to the establishment of community collectives, which have been renamed to as Social Inclusion Action Groups.

#### What is a Social Inclusion Action Group?

Social Inclusion Action Groups are an important prevention initiative that support local communities to promote social connection and participation in local communities.

Social Inclusion Action Groups are run by local communities and supported by a funded coordinator from their local council.

Each group will:

* identify local needs, existing initiatives and gaps related to social connection and social inclusion
* test, develop and support a range of funded initiatives that prevent social exclusion and support community participation, inclusion and connection
* promote mental health and wellbeing through place-based coordination and activities/initiatives addressing social inclusion and connection.

#### Where are Social Inclusion Action Groups being established?

The Royal Commission recommended the establishment of Social Inclusion Action Groups in each of Victoria’s 79 LGAs. The rollout is phased, with the first ten Social Inclusion Action Groups to be established in:

* Benalla Rural City Council
* Brimbank City Council
* City of Ballarat
* City of Greater Geelong
* City of Whittlesea
* Frankston City Council
* Latrobe City Council
* Mansfield City Council
* Mildura Rural City Council
* Rural City of Wangaratta.

#### How are Social Inclusion Action Groups funded?

As recommended by the Royal Commission, Social Inclusion Action Groups will receive ongoing funding. The 2022-23 State Budget allocated $9.1 million to deliver the first five groups from 2022-23 and the next five from 2024-25.

Funding includes staff in each LGA, remuneration for group members and a Local Social Inclusion Investment Fund in each LGA. The Local Social Inclusion Investment Fund will support social inclusion and connection initiatives across two funding streams:

* General:80 per cent of the Local Social Inclusion Investment Fund
* First Nations: 20 per cent of the Local Social Inclusion Investment Fund (decisions about the Aboriginal initiative funding will be made by the Aboriginal community).

# Membership

#### Who makes up a Social Inclusion Action Group?

Membership should reflect the demographics of the local community. Membership should include a variety of lived and living experiences including members with experience of mental illness, psychological distress, addiction and/or social exclusion, isolation and discrimination.

Membership should also reflect diverse communities (defined as people with a disability, LGBTIQ+ people and people from CALD background), as well as include Aboriginal and Torres Strait Islander people, young people and older adults.

It is expected that membership will evolve over time.

#### How can people join?

There will be an Expression of Interest (EOI) process to recruit Social Inclusion Action Group members in each LGA. For further information please contact your local council or email wellbeingpromotion@health.vic.gov.au

# Glossary

**Social exclusion** is the process of being shut out from social, economic, political, and cultural systems that help a person integrate into the community. Stigma and discrimination can result in social exclusion, and there is a recognised link between poor mental health and exclusion.

**Social inclusion** is a “population or community-level approach to not leaving anybody behind”, it is all about all people being able to participate in society and creating the conditions for all.

**Social connection** is a continuum of the size and diversity of one’s social network and roles, the functions these items serve, and their positive or negative qualities.

# Further information

For more information on Social Inclusion Action Groups, please visit our website: <https://www.health.vic.gov.au/mental-health-wellbeing-reform/social-inclusion-action-groups>

For more information regarding Social Inclusion Action Groups, please email [MHWPO@health.vic.gov.au](mailto:MHWPO@health.vic.gov.au)

To receive this document in another format [email](mailto:MHWPO@health.vic.gov.au) the  [Wellbeing Promotion Office](mailto:mhwpo@health.vic.gov.au), <MHWPO@health.vic.gov.au>.

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

© State of Victoria, Australia, Department of Health, July 2024.

Available at the [Social Inclusion Action Groups](file:///C:\Users\vidjbut\Downloads\Social%20Inclusion%20Action%20Groups) < https://www.health.vic.gov.au/mental-health-wellbeing-reform/social-inclusion-action-groups>.