

**Mental Health and Wellbeing Act 2022
Sections 129, 136 and 137**

**MHWA 142
Restrictive interventions observations**

--	--	--	--	--	--	--	--	--	--

Mental Health Statewide UR Number

Local Patient Identifier									
FAMILY NAME									
GIVEN NAMES									
DATE OF BIRTH					SEX			GENDER	

Place Patient Identification label above

Instructions to complete this form

- This form must be completed by a Registered Nurse or Registered Medical Practitioner.
- A Registered Nurse or Registered Medical Practitioner must:
 - Continuously observe a person subject to bodily restraint for the entire period of the restraint.
 - Continuously observe a person subject to chemical restraint for at least one hour after administration.
 - Clinically review a person subject to a restrictive intervention as often as is appropriate and at least every 15 minutes.
- An Authorised Psychiatrist must examine the person as often as is appropriate and at least every 4 hours. If it is not practical for the Authorised Psychiatrist to complete the examination, the Authorised Psychiatrist may direct a Registered Medical Practitioner to do so.
- A person who may authorise the use of a restrictive intervention must immediately take steps to release the person from the restrictive intervention as soon as its use is no longer necessary.

1. The restrictive intervention(s) being used are:

- seclusion
- mechanical restraint (please specify):
 - wrist
 - ankle
 - trunk
 - whole of body
 - upright
 - side
 - supine
- physical restraint (please specify):
- physical restraint - prone
- chemical restraint

(please cross relevant options)

Details of seclusion, mechanical and physical restraint

Type of restrictive intervention (please include the method listed above i.e. wrist, upright, prone etc)	Date	Start time	End time	Signature	Designation
	__/__/__	: :	: :		
	__/__/__	: :	: :		
	__/__/__	: :	: :		
	__/__/__	: :	: :		
	__/__/__	: :	: :		

Details of chemical restraint

Date:	Time of administration	Time observation and monitoring was no longer required	Signature	Designation
__/__/__	:	:		
__/__/__	:	:		
__/__/__	:	:		

2. The Authorised Psychiatrist or Delegate has directed that the person be medically examined every: hours (maximum frequency is 4 hours)

3. Please detail any change to the frequency of medical examination:



MHWA 142

ROLLS AUSTRALIA 1300 600 192

JULY 2023

Definitions

- **'Bodily restraint'** means physical restraint, or mechanical restraint, of a person.
- **'Chemical restraint'** means the giving of a drug to a person for the primary purpose of controlling the person's behaviour by restricting their freedom of movement but does not include the giving of a drug to a person for the purpose of treatment or medical treatment;
- **'Mechanical Restraint'** means the use of a device to prevent or restrict a person's movement;
- **'Physical restraint'** means the use by a person of their body to prevent or restrict another person's movement but does not include the giving of physical support or assistance to a person in the least restrictive way that is reasonably necessary to—
 - enable the person to be supported or assisted to carry out daily activities; or
 - redirect the person because they are disoriented;
- **'Seclusion'** means the sole confinement of a person to a room or any other enclosed space from which it is not within the control of the person confined to leave.