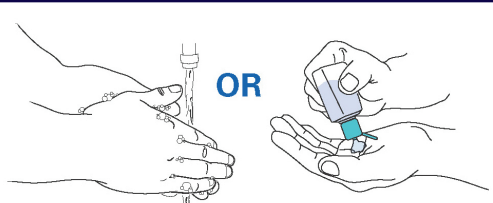
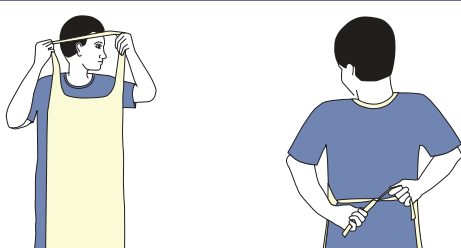
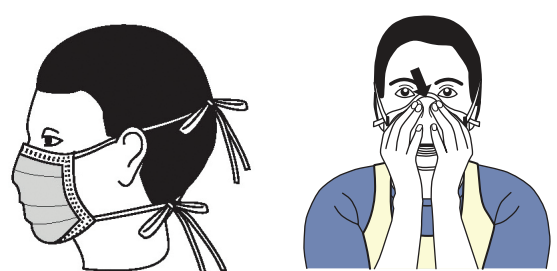

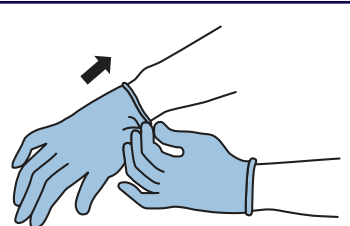
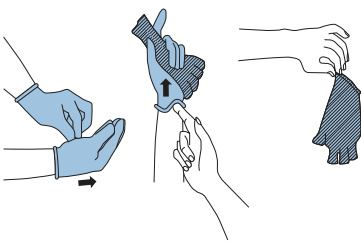



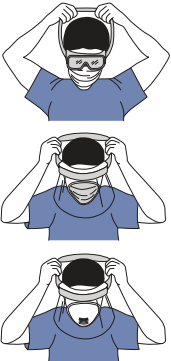




# How to put on (don) and take off (doff) your disposable plastic aprons

## How to put on (don) your personal protective equipment (PPE)

Important: Put on all PPE before entering the patient zone	
	1. Perform hand hygiene
	2. Put on plastic apron.  Take hold of the ties and tie at the back at waist level.
	3. Put on disposable surgical mask or P2/N95 respirator.
	4. Put on protective eye wear.
	5. Put on disposable gloves

# How to **take off (doff)** your personal protective equipment (PPE)

<b>Important: Remove all PPE before exiting the patient zone</b>	
	<p><b>1. Remove gloves by pinching the outside of the first glove with the other gloved hand.</b></p> <p>Hold the glove taken off on the gloved hand. Put finger of ungloved hand underneath the second glove and peel the second glove off.</p>
	<p><b>2. Perform hand hygiene</b></p>
	<p><b>3. Tear plastic apron around the neck.</b></p> <p>Let the top half fall forward.</p> <p>Untie apron and, touching the inside of the apron, roll into a ball away from you. Dispose in bin.</p>
	<p><b>4. Perform hand hygiene</b></p>
	<p><b>5. Remove protective eye wear</b></p>
	<p><b>6. Remove surgical mask</b></p>
	<p><b>7. Perform hand hygiene</b></p>

**Display this poster at donning / doffing stations.**

Available at <[www.health.vic.gov.au/covid-19/how-to-put-on-don-and-take-off-doff-your-ppe](http://www.health.vic.gov.au/covid-19/how-to-put-on-don-and-take-off-doff-your-ppe)>

To receive this document in another format email <[COVID19InfectionControl@health.vic.gov.au](mailto:COVID19InfectionControl@health.vic.gov.au)>

Authorised and published by the Victorian Government, 1 Treasury Place, Melbourne.

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